





PERSONAL INFORMATION

Dimitra Latsou



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Sex F | Date of birth 03/03/1986 | Nationality Greek

WORK EXPERIENCE

Date from - Date to	Location	Company & reference person	Position
2018-today	Greece-Athens	Company PharmEcons Easy Access Eugenia Stamouli eugena.stamuli@pharmecons.com	Research Fellow
2014- today	Greece-Athens	University of the Peloponnese Prof. Mary Geitona, geitona@uop.gr	Research Fellow
2011-2018	Greece-Athens	University of West Attica (ex - Athens Technological Educational Institute) Prof. Panagiotis Kaldis (Rector), pkaldis@uniwa.gr	Research Fellow
2007-2011	Greece-Athens	Institute of Political Economics and Social Sciences Prof. John Yfantopoulos yfantopoulos@gmail.com	Research Fellow

EDUCATION AND TRAINING

Institution	University of Peloponnese, Faculty of Social Sciences, Department of Social and Educational Policy
Date	2014-2019
Degree(s) or Diploma(s) obtained	Ph.D. Degree Field of study: Economic Analysis of Social Policies: "Unemployment and health in times of economic crisis in Greece. Investigating relationships and recording impact. "
Institution	National and Kapodistrian University of Athens, Faculty of Medicine - Department of Political Science and Public Administration
Date	2010-2012
Degree(s) or Diploma(s) obtained	Post Graduate Diploma on "Professional and Environmental Health - Management and Economic Valuation"
Institution	National and Kapodistrian University of Athens, School of Law, Economics and Political Sciences, Department of Political Science and Public Administration.
Date	2003-2007
Degree(s) or Diploma(s) obtained	Bachelor of Political Sciences and Public Administration: Administrative Science"

PERSONAL SKILLS

 Mother tongue(s) **Greek**

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C2

Levels: A1/2: Basic user - B1/2: Independent user - C1/2 Proficient user

Common European Framework of Reference for Languages

Communication skills Excellent communication skills gained through my experience as an international consultant and an academic teacher

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient user	Proficient user	Proficient user	Proficient user	Proficient user

Levels: Basic user - Independent user - Proficient user
[Digital competences - Self-assessment grid](#)

Replace with name of ICT-certificate(s)

Excellent use of Windows and MS Office tools (MS Word, MS Excel/ PowerPoint)

Driving licence B

ADDITIONAL INFORMATION

1. ACADEMIC AND TEACHING EXPERIENCE

- **03/2015-07/2018:** Research Fellow in the **Technological Educational Institute of Athens**, Department of Health and Welfare Units, in the fields: "Health Systems", "Social Protection Systems" and "Analysis of Long-term Health Care Systems", "Organization and Administration of Primary Health Care", "Sociology of Health", "Organization and Administration of Health Services"

2. INTERNATIONAL RESEARCH AND CONSULTANCY PROJECTS:

06/2015 – 06/2017 «Stimulating Innovation Management of Polypharmacy and Adherence in The Elderly» (SIMPATY), European Commission, Consumers, Health, Agriculture and Food Executive Agency, Health. Funded by the European Commission 3rd Health Program 2015, Implementation Organization: University of the Peloponnese

3. NATIONAL RESEARCH AND CONSULTANCY PROJECTS

11/2015- 01/2016 «Pharmaco-Economic Assessment Study for the medicinal product for obinutuzumab management Leukemia in Greece.» Implementation Organization: University of the Peloponnese,

01/2015 – 09/2015 «Economic evaluation of simeprevir in the treatment of Hepatitis C in Greece», Implementation Organization: University of the Peloponnese

02/2015-04/2015 «Immediate recording with qualitative interviews of citizens' views on the services provided by Primary Health Care from Local Society» Funded by the Operational Program for Education and Lifelong Learning 2007-2013 NSRF. Implementation Organization: Athens Technological Educational Institute.

11/2012- 06/2013 «Provide administrative and advisory support to the Department of Quality and Efficiency of the Ministry of Health and the seven (7) ». Funded by the Operational Program for Education and Lifelong Learning 2007-2013 NSRF. Implementation Organization: Priority Quality Consultant S.A.

12/2011-06/2012 «Support and counseling of the Quality and Performance Directorate of the Ministry of health and of the seven (7) health regions of Greece in the development of quality systems in health services as well as the certification of eight (8) selected hospitals of the country according to ISO 9001: 2008 in the basic patient care procedures» Funded by the Operational Program for Education and Lifelong Learning 2007-2013 NSRF. Implementation Organization: Ministry of health and Athens Technological Educational Institute.

10/2007- 07/2011 «Cost-Benefit Analysis of Adalimumab Treatment for Rheumatoid Arthritis in Greece», Funded by the pharmaceutical company Abbott Laboratories Hellas, Implementation Organization: IPOKE

10/2007-12/2010 «Promoting and recording the oral health of the Greek population», Funded by the pharmaceutical Colgate-Palmolive Hellas, Implementation Organization: University of Athens, IPOKE, Hellenic Dental Federation, Perspective company

01/2008-01/2009 «Access to new pharmaceutical therapies in Greece», Funded by the Association of Pharmaceutical Companies of Greece, Implementation Organization: National Center for Social Research

4. PUBLICATIONS

Articles in Greek Journals:

- Pierrakos G., Sarris M., Soulis Σ., Goula A., Latsou D., Pateras G., Vourlioti K., Giannoulatos P. Comparative Analysis of Two Outpatient Satisfaction Surveys in Primary Care, Archives of Hellenic Medicine, 2013, 30(3):316-324.
- Pierrakos G., Kalokairinou A., Adamakidou Th., Nikolados J., Goula A., Latsou D., Vourliotou K., Sarris M. Assessment of NHS Pain Management Practices. Nursing, 2013, 52 (1):81-92.
- Latsou D., Pierrakos G., Yfantopoulos N., Yfantopoulos J. Quality of life for people with wheelchairs in Greece. Archives of Hellenic Medicine, 2014, 31(5):591-598.
- Pierrakos G., Latsou D., Goula A., Stamouli M., Dimakou S., Yfantopoulos I. «Comparative Satisfaction Analysis of Outpatient Patients and Willingness to Pay» Archives of Hellenic Medicine, 2015, 32(5) 629-635.

Articles in International Journals:

- Papagiannopoulou V., Latsou D., Boumpas D., Drosos A., Floros A., Yfantopoulos I., «Health-Related Quality of life (HRQL) of Rheumatoid Arthritis (RA) in Greece: Preliminary Results from the HEOR Study», Value in Health 2008, Nov. 11(6):A551.
- Kritikou P. Latsou D. Yfantopoulos J. «Health Care Reforms under economic crisis: The Greek case», Value in Health, 2011, May 14 (3), A18.
- Papaioannou W., Oulis C., Latsou D., Yfantopoulos J. Oral Health-Related Quality of Life of Greek Adults: A Cross-Sectional Study. International Journal of Dentistry, vol. 2011, Article ID 360292, 7 pages, 2011.
- Papaioannou W., Oulis C., Latsou D., Yfantopoulos J. Oral health related quality of life of Greek adolescents: a cross-sectional study. Eur Arch Paediatr Dent 2011 Jun; 12(3): 146-50 .
- Rombopoulos G., Hatzikou M., Latsou D., Yfantopoulos J. The prevalence of hypoglycemia and its impact on the quality of life (QoL) of type 2 diabetes mellitus patients (The HYPO Study). Hormones, 2013, 12(4):550-558.
- Rombopoulos G., Hatzikou M., Latsou D., Yfantopoulos J. «Association of hypoglycemia with different oral antidiabetic treatments and its impact on quality of life and disease control in patients with type 2 diabetes mellitus (the HYPO study)» Value Health, 2014 Nov; 17,(7), A357
- Panayides N., Latsou D., Geitona M. «An evaluation of patient satisfaction in Pafos, Cyprus with the Europep instrument» Value Health, 2014 Nov;17(7): A433.
- Polyviou Ch., Latsou D., Geitona M. «Predictors of working motivation in job satisfaction among nurses in Cyprus». Value Health, 2014 Nov;17(7): A433 – A434.
- Nikolaou M., Latsou D., Geitona M. «Factors influencing job satisfaction among nurses of pafos general hospital in Cyprus». Value Health, 2014 Nov;17(7): A434.

- Yfantopoulos J., Hatzikou M., Rombopoulos G., Panitti E., Latsou D., The prevalence of hypoglycemia and its impact on the quality of life (QoL) of type 2 diabetes mellitus patients (The HYPO Study). *Value Health*, 2014 Nov;17(7): A356.
- Pierrakos G., Yiovanis A., Latsou Dimitra, Goula A., Pateras J., Sarris M. (2015). «Measurement of the Satisfaction in Greece Outpatients Departments of Public Hospitals» 4th International Conference in Quantitative and Qualitative Methodologies in the Economic and Administrative Sciences (I.C.Q.Q.M.E.A.S.)
- Pierrakos G., Tzamalouka G., Latsou D., Goula A., Asonitou S., Adamakidou T., Tzamalouka D., Pateras J., Platis C., Kalokerinou A. « Health Professionals' continuing training needs for improving Home Care Services» *International Journal of strategic Innovative Marketing*, 3(01) 2016.
- Geitona M., Latsou D., Georgiou A., & Panayidis, N. (2016). «Polypharmacy and Medication Adherence in Elderly Patients with Diabetes in Pafos General Hospital, Cyprus». *Value in Health*, 19(7), A684.
- Pierrakos, G., Latsou, D., Goula, A., Pateras, J., Nikolados, J., Platis, C., Sarris M, Soulis, S. (2016). «A Prospective Evaluation of Health-Related Quality of Life of Cancer Patients Receiving Day and Home Care Services in Greece». In *Strategic Innovative Marketing* (pp. 159-164). Springer, Cham.
- Chanthopoulou M., Marvaki X., Latsou D., Papageorgiou D. (2017). « Satisfaction with the health services of hospitalized patients following an emergency admission to a higher-level hospital in Attica». *Health and Research Journal HRJ*, 3, (1).
- Pierrakos G., Latsou D., Platis C., Goula A., Giovani A., Pateras J. (2017). «Assessment of Inhabitants' Health Care Needs in Local Community». In *Strategic Innovative Marketing* (pp. 391-397). Springer International Publishing.
- Pierrakos, G., Tzamalouks, G., Latsou, D., Goula, A., Pateras, J., Asonitou, S., & Platis, C. (2017). «Long-Term Cancer Patient Care:“New Insight on Training Needs for Health Professionals in Today's Greece». In *Strategic Innovative Marketing* (pp. 357-363). Springer International Publishing.
- Geitona, M., Toska, A., Latsou, D., Saridi, M., Evripidou, A. and Evripidou, I. (2017) «Antibiotics' Prescribing and Pharmacovigilance Attitudes among Pediatricians and Pediatric Residents in Cyprus». *Pharmacology & Pharmacy*, 8, 75-84.
- Pierrakos G., Goula A., Latsou D., Platis C., Sarris M., Soulis S. Opinion of citizens in Primary Health Care management and offered services by Local Authorities. *International Journal of Strategic Innovative Marketing Vol.* (2017)
- Asonitou, S., Mandilas, A., Chytis E. and Latsou D. Evaluating the Teaching Quality of Greek Accounting Programs: students' perceptions accounting education teaching quality Greek student satisfaction. *Proceedings of the 9th International Conference 'The Economies of Balkan and Eastern Europe (EBEEC)*, Piraeus-Athens, Greece, 2017.
- Mitsi, A., Kourakos, M., Poulimenakou, G., Latsou, D., & Sarris, M. Therapeutic Relationship and Quality of Life in Chronic Diseases. *American Journal of Nursing*, (2018) 7(3-1), 103-108.
- Kyriazis I, Tsagari A., Lappa Th., Koufopoulou P., Latsou D., Kallianioti E., Tsitsou S., Giotis A., Tziogiou M. (2018) Prevalence of Obesity and Association with Adherence to Mediterranean Diet in Medical, Nursing and Administrative Staff of a Greek Public Hospital. *Archives of Diabetes & Obesity* 1(2) ADO.MS.ID.000106.
- Malakos Z., Saridi M., Latsou D., Bakasis4A., Albani E., Katsanos K., Christodoulou D. (2018) Increasing Incidence of Crohn's Disease in Epirus, Greece: A 30-Year Prospective Study from a Referral Center. *EC Gastroenterology and Digestive System* 5.7: 486-496.
- Geitona M., Latsou D., Toska A., Saridi M. (2018) Polypharmacy and adherence among diabetic patients in Greece: a cross-sectional study. *Consult Pharm*, 33 (10): 562-571.
- Saridi M., Toska A., Latsou D., Tsourapa T., Souliotis K., Geitona M., (2018) Traumas' management in a primary health care level. *International Journal of Caring Sciences*, 11 (2): 927 -394.

- ❑ Kyriazis I., Tsagari A., Kallianioti E., Tsitsou S., Giotis A., Tziogiou M., Koufopoulou P., & Latsou D. (2018). "Prevalence of Obesity and Association with Adherence to Mediterranean Diet in Medical, Nursing and Administrative Staff of a Greek Public Hospital," *Archives Of Diabetes & Obesity*, Lupine Publishers, LLC, vol. 1(2), pages 17-21.
- ❑ Latsou D. Geitona M. (2018) The effects of unemployment and economic distress on depression symptoms. *Mater Sociomed*, 30(3): 181-185.
- ❑ Kyriazis I., Tatakis P. F., Kalafatis E., Lelekis M., Lappa Th., Tsagari A., Latsou D., Koufopoulou P. (2018). "Screening for Malnutrition in Older Hospitalised Patients in an Internal Medicine Department of a Greek Public Hospital," *Archives Of Diabetes & Obesity*, Lupine Publishers, LLC, vol. 2(1), pages 112-117.
- ❑ Fradelos E., Latsou D., Mitsi D., Tsaras K., Lekka D., Lavdaniti M., Tzavella F., Papathanasiou I. (2018) Assessment of the relation between religiosity, mental health, and psychological resilience in breast cancer patients. *Contemp Oncol (Pozn)* 2018; 22 (3): 172–177. DOI: <https://doi.org/10.5114/wo.2018.78947>
- ❑ Asonitou S., Mandilas A., Hytis E., Latsou D., (2018) A Greek evaluation of the course experience questionnaire. students' conceptions of the teaching quality of higher education accounting studies. *International Journal of Business and Economic Sciences Applied Research* Vol. 11, No.2, 51-62.
- ❑ Latsou, D., & Geitona, M. (2018). Private health spending and access to healthcare of unemployed people in Greece. *Value in Health*, Volume 21, S176.
- ❑ Pierrakos G., Maritsa E., Platis C., Latsou D., Soulis S. (2019) The Evolution of Demographic Changes in Greek Society and Proposed Administrative Management Model. In: Kavoura A., Kefallonitis E., Giovanis A. (eds) *Strategic Innovative Marketing and Tourism*. Springer Proceedings in Business and Economics. Springer, Cham
- ❑ Goula A., Markou T., Pierrakos G., Latsou D., Dimakou S., Stamouli A., Natsis C. (2019) Satisfaction of Internal Customers in a Public University Hospital. In: Kavoura A., Kefallonitis E., Giovanis A. (eds) *Strategic Innovative Marketing and Tourism*. Springer Proceedings in Business and Economics. Springer, Cham
- ❑ Asonitou S., Mandilas A., Chytis E., Latsou D. (2019) Exploring the Teaching Quality of Greek Accounting Studies. In: Sykianakis N., Polychronidou P., Karasavvoglou A. (eds) *Economic and Financial Challenges for Eastern Europe*. Springer Proceedings in Business and Economics. Springer, Cham
- ❑ Pierrakos G. et al. (2019) Health Management Issues from Related Quality of Life Between Greek and Refugees Postpartum Women in Greece. In: Kavoura A., Kefallonitis E., Giovanis A. (eds) *Strategic Innovative Marketing and Tourism*. Springer Proceedings in Business and Economics. Springer, Cham
- ❑ Goula A. et al. (2019) Analysis of the Relationship Between Transformational Leadership and Learning Organization in Health Care Services. In: Kavoura A., Kefallonitis E., Giovanis A. (eds) *Strategic Innovative Marketing and Tourism*. Springer Proceedings in Business and Economics. Springer, Cham
- ❑ Pierrakos G., Latsou D., Goula A. (2019) Impact of the Economic Crisis on Health Indicators in Greece and the Need for Primary Health Care Services. In: Kavoura A., Kefallonitis E., Giovanis A. (eds) *Strategic Innovative Marketing and Tourism*. Springer Proceedings in Business and Economics. Springer, Cham

Chapters in Greek Books:

- ❑ Yfantopoulos I., Maniadaakis N., Fountzilias G., Papagianopoulou B., Latsou D. Access to New Pharmaceutical Therapies in Greece. National Center for Social Research, Athens, 2010. ISBN: 978–960–6834-05-9
- ❑ Yfantopoulos I., Oulis K., Latsou Δ, Psariannou B. Greek Dental Federation, Program for the promotion and recording of oral health of the Greek Population. "Inequalities and Satisfaction by Dental Services and the Relationship of Oral Health with the Quality of Life of the Greeks Colgate. Athens, November 2010. <http://www.oral-health.gr/uploads/ExecutiveSummary.pdf>

- ❑ Contribution to volume: Yfantopoulos I., Papandreou A., Panagiotakos Δ., Patokos A., Latsou D. Climate Change and Health, Bank of Greece, Committee for the Study of Climate Change Impacts, June, 2011.
- ❑ Scientific contribution to the book: Geitona M., Sarantopoulos I. Medical Tourism, Investing in Health & Economy. Papazisis Publications, Athens, 2015. ISBN: 978-960-02-3138-0.
- ❑ Geitona M, Latsou Δ., Christopoulou A. The Use of Information and Communication Technologies in Health: health, social and economic impacts. In M. Spyridakis, H. Koutsoukou, A. Marinopoulou (ed.), Society of the Cyberspace, Athens: I. Sideris (2017).

Chapters in International Books:

- ❑ Toska A., Saridi M., Latsou D., Geitona M. (2017) Antimicrobial Drugs. Nova Science Publishers, Inc. In: Advances in Medicine and Biology. ISBN: 978-1-53612-400-2
- ❑ Latsou D. and Geitona M. (2018), Unemployment Effects on Health Status and Risk Behaviors in Times of Economic Crisis: The European and Greek Evidence. Nova Science Publishers Inc, New York. ISBN: 978-1-53613-190-1